



*In this edition of my Chair's Report, I talk about the recent Health and Wellbeing Board Development Session and Healthwatch being shortlisted for an award at the Healthwatch National Conference. I would welcome Board Members to comment on any item covered should they wish to do so.*

*Best wishes,  
Cllr Maureen Worby, Chair of the Health and Wellbeing Board*

## Health and Wellbeing Board Development Session – 19<sup>th</sup> May

The Health and Wellbeing Board hosted a development session on 19<sup>th</sup> May, with the aim of informing people about the different transformational change programmes that are either under way or are being developed across the health and social care system in Barking and Dagenham and across the wider Barking and Dagenham, Havering and Redbridge health and social care economy. While all members of the Board were invited, the session was aimed towards those who work in partner organisations who are contributing to developing these change programmes or may be impacted on by the changes that emerge from them.

The session started with an overview of all the change and transformation programmes currently in progress or being developed, including the Sustainability and Transformation Plan, the Accountable Care Organisation, the Council's recently launched Ambition 2020 programme, the CCG's Transformation plans as well as briefing on Care City and Healthy New Towns. There was then an opportunity for discussion, where groups talked about the linkages between the different programmes as well as some of the issues and challenges that we need to respond to.

In terms of linkages, groups highlighted that many of the programmes identify the need to work closely with the voluntary sector and to support volunteers and that there needs to be consultation with the community to get a balanced view of what people want from their services. There was also discussion about the need for all the programmes to have a shared understanding of the needs of the population, the importance of improving online information and access to services. Prevention runs throughout the programmes as a key way of reducing demand, while there are also shared financial pressures across the system and a shared understanding of the need to increase investment in the borough.

Issues that need to be resolved in order to deliver the transformation programmes included how to redirect people away from hospitals, such as having alternatives to A&E available and making sure people know about them and are encouraged to use them. Improved knowledge and capacity of people to manage their own health effectively was also raised, in particular around better information availability and training for carers. Another issue to be resolved was better use of the information we do have in the development of services, including commissioning services that are filling a gap in provision for our communities.

Prevention was also raised as a key issue, with the need to address the key root causes of poverty and poor life expectancy. This included the promotion of personal responsibility as well as better education for children so they have

better life chances. Those present also discussed how to deliver these significant transformation programmes at the pace that is required and with limited resources.

The afternoon session was a workshop session by the firm Locality Matters, who are carrying out research in Gascoigne ward to see how to build stronger more resilient communities and how communities can play a role in service delivery or demand reduction. The project is testing if statutory providers had a better understanding of the capabilities that exist in their communities they would commission in a different way and if local groups better understood the scale of demand and costs related to health and wellbeing services they would play a different role. The workshop produced some interesting discussions including sustaining community involvement around projects and also how to use information on community capacity to commission better services.

Attendance at the session was great, with 37 attendees including representatives from London Borough of Barking and Dagenham, Barking and Dagenham CCG, NELFT, Healthwatch, London Fire Brigade and Carers of Barking and Dagenham. This contributed to some productive and lively discussions that got to the heart of some of the issues we are facing. I'd like to thank all those who attended for taking the time to participate and to share your knowledge and passion for health and social care in Barking and Dagenham.

## Healthwatch success

The shortlist has been unveiled for the 2016 Healthwatch Network Awards, the annual awards that celebrate the difference local Healthwatch across the country have made to health and social care at a local and national level.

Our own Barking and Dagenham Healthwatch nominated for an award in the Community category, which is for the Healthwatch that have brought added value to their local community. The nomination is for their work on the phlebotomy service.

The local Healthwatch shortlisted for 2016 Healthwatch Network Awards were picked from over 120 award entries and the winner of each category will be chosen by a panel of external judges and announced on Thursday 9th June.

2 members of Healthwatch are attending the event in Nottingham and I hope that we can hear about their success at the Board meeting on 14<sup>th</sup> June.

Congratulations to all the team at Healthwatch and good luck with the award.

**healthwatch**  
Barking and Dagenham



## News from NHS England

### Joint working with fire and rescue services

Fittingly, given the presentation earlier on the agenda from London Fire Brigade, a document has recently been published showing how work by the fire and rescue services can help reduce demand for other services through prevention, including health and social care. This document is called 'Working Together' and the link can be found [here](#).

Fire and rescue services are applying the principles of early intervention and prevention to health-related risk factors, resulting in a reduced demand for the services of others, whilst also continuing to reduce demand for fire and rescue.

A key aim of the NHS Five Year Forward View is to tackle widespread preventable illness and deep-rooted health inequalities through a radical upgrade in prevention and public health. By working with fire and rescue services, health and social care partners, from local authorities to CCGs, can make use of fire and rescue service expertise, experience, existing prevention mechanisms and ability to adapt engagement with those most at risk.

Fire and rescue services are being recognised as partners in the wider health and social care arena and, along with health and social care, are ready to meet the challenge of preventing avoidable illness, isolation and injury.

Opportunities for joint working include:

- Safe and Well visits – a person-centred home visit that expands the scope of previous home checks by focussing on health, as well as fire. It involves the systematic identification of, and response to, health and well-being issues along with fire risk reduction, ensuring people with complex needs and older people get the personalised, integrated care and support they need to live full lives and sustain their independence for longer.
- Children and young people – Working with young people is key to changing behaviours that lead to avoidable illness. Helping young people gain meaningful employment is one of the most effective ways to help them improve the impact of the wider determinants of health.
- Community Risk Intervention – Community Risk Intervention is a new model, building on the Safe and Well visit model and combining an expanded approach to home safety, risk reduction and increased independence with a response on behalf of police and ambulance services to low-priority, high-volume calls.

## Health and Wellbeing Board Meeting Dates

Tuesday 26 July 2016, Tuesday 27 September 2016, Tuesday 22 November 2016.

All meetings start at 6pm and are held in the conference room of the Barking Learning Centre.